



## **Copper River Regional Health Network**

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Copper Center, AK 99573  
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April 22, 2010

Nancy Merriman  
Health Facilities Program Manager  
Denali Commission  
510 L Street, Suite 410  
Anchorage, AK 99501

Dear Ms. Merriman,

### **CRRHN Health Needs Survey Project**

Under the guidance of Dr. Garcia and Ms. Lacasse from the University of Alaska, the CRRHN Health Needs Survey reached local residents mail boxes in March 2010. The survey packets were printed and mailed to each box holder/household in the region, including a prepaid postage return envelope, by the UAA printing office. The surveys were mailed to 2,570 resident households. The survey label system identified the community of origin to aid in assuring that there is limited if any duplicate submissions. UAA Graduate Student, Ms. Jennifer Lacasse will be responsible for retrieving the completed surveys from the post office box and will utilize the PASW Statistics Grad Pack 18 software package to compile the results.

The survey has been promoted throughout the region over the past several months, through the CRRHN website, newsletters and by word of mouth. Articles and reminders were published in the local paper, the Copper River Record, in January and February 2010. To date there has been a 14% return rate. With the advisement of Dr. Garcia from UAA, an effort is underway to reach and assist local residents who have not yet completed their surveys. CRRHN participants will be conducting follow up contact with communities to increase the public's awareness of the survey and increase the return rate over the next two months.

Dr. Garcia recommended that the survey submission deadline be extended through June 15<sup>th</sup>, 2010 to allow sufficient time for residents to complete their lengthy surveys. At this time Ms Lacasse is planning to have the final data results ready for discussion at the July 2010 CRRHN Meeting in Gakona.

### **CRRHN Informational Website Project**

The website [www.crrhn.org](http://www.crrhn.org) has been secured on a year to year basis, through the grant funds provided. The CRRHN coordinator has updated the site and will continue to expand the site over the next year. The website offers readers an update on network activities, links documents produced by the CRRHN in pdf format, as well as links to several other valuable studies. The site also offers readers links to other useful websites and a list of the current CRRHN Participants and their contact information. The site was expanded this quarter to include sample forms that are health related. The CRRHN Coordinator also maintains a Facebook page for the network.

### **Coordination of the CRRHN and Administrative Services**

The coordination and administrative portion of the grant project is on schedule and within budget. The CRRHN coordinator has been successful in coordinating bi monthly meetings and dictating meeting notes for the network from January through March. During the past quarter an EMS Boundary committee was established and a meeting held. The CRRHN elected to sponsor a local health fair annually. The first 2010 Health Fair Planning

Committee Meeting was held in March telephonically. The Health Fair Committee will continue to meet telephonically every other week until the fair date of August 7<sup>th</sup>, 2010. The coordinator has produced and circulated a quarterly newsletter detailing these events during this time period.

## **CRRHN Activity Summary**

### **January 2010**

- Bi Monthly CRRHN Meeting – January 12, 2010 at Glennallen Chiropractic Center
- Contact with UAA Graduate Student and Supervisory Professor – Survey Project
- Facilitated Article for the Copper River Record – Survey Project
- Completed Narrative Report for Denali Commission Project
- Completed and Dispersed Quarterly Newsletter for the CRRHN
- Updated CRRHN Website and CRRHN Facebook Page
- Maintained the Communication Flow for Network Participants through e-mail, Telephone and Personal Contact

### **February 2010**

- Completed and dispersed minutes from the January 2010 CRRHN Meeting
- Attended Regional LEPC Meeting
- Contact with UAA Graduate Student and Supervisory Professor – Survey Project
- Created an Excel Mailing List and Cover Letter for the Survey Project
- EMS Committee Meeting – February 9, 2010 at CREMS Office
- Created a map for proposed EMS boundary changes
- Facilitated a Reminder for the Copper River Record – Survey Project
- Updated CRRHN Website and CRRHN Facebook Page
- Maintained the Communication Flow for Network Participants through e-mail, Telephone and Personal Contact

### **March 2010**

- Bi Monthly CRRHN Meeting – March 9, 2010 at Cross Road Medical Center
- Held a Joint Meeting with the LEPC to Discuss 911 Issue
- Contact with UAA Graduate Student and Supervisory Professor – Survey Project
- Finalized Survey, Printed and Dispersed Survey to Local Residents
- Held First CRRHN Community Health Fair Committee Meeting - March 22, 2010 Teleconference
- Updated CRRHN Website and CRRHN Facebook page
- Maintained the Communication Flow for Network Participants through e-mail, Telephone and Personal Contact

The CRRHN sincerely thanks the Denali Commission for your support of our network. The continued growth and expansion of participants in the CRRHN is a great indicator of how successful our region wide network has become. Please feel free to contact me with any comments, questions or for further information.

Sincerely,



Kris Winter, Coordinator  
Copper River Regional Health Network